



Oceania
Triathlon

Oceania Mixed Relay

ATHLETE GUIDE

Monday 2nd March 2026



Contents

General information	3
Key Contacts	4
Event Contact Details	4
Oceania Triathlon Mixed Relay Sprint Championships Key Dates and Times	4
Venue	4
Water Quality	5
Athletes Area at Venue	5
Travel and Accommodation	5
International Airport	5
Airport Transfers and Transport Elite Athletes and Coaches	5
Sport Integrity Commission	6
Medical & Emergency Services	6
Visa Requirements	7
Post Office and Bank	7
Bike Mechanic Services	7
Training	8
Competition Rules	9
Race Day Schedule	9
Venue Plan	10
The Course	11
Swim	11
Bike Course	12
Run Course	13
Event Partners	15

General information

Welcome to the Oceania Mixed Relay triathlon Napier.

Napier (or Ahuriri in Māori) is a city on the eastern coast of the North Island of New Zealand and the seat of the Hawke's Bay region. It is a beachside city with a seaport, known for its sunny climate, esplanade lined with Norfolk pines, and extensive Art Deco architecture.

Napier was largely destroyed in an earthquake in 1931 and was rebuilt in the Art Deco style that was popular in the 1930's. The city is now known as The Art Deco Capital of the World.

The Hawkes Bay region is recognised as one of New Zealand's leading wine producing areas and the surrounding area is also a major horticultural producer.

We look forward to hosting you in Napier, for more information about the Hawkes Bay region and what you can see and do and where to eat please visit the following website:

hawkesbaynz.com

Key Triathlon Links

For the latest news and photos, you can find us and like the Napier Triathlon Festival – Facebook and Instagram accounts.

<https://www.facebook.com/napiertriathlonfestival>

<https://www.instagram.com/napiertriathlonfestival/>

Please keep in mind that this information can change, and the final race information will be provided to the athletes and the team managers at the athletes' briefing.

Key Contacts

Role	Name	Phone	Email
LOC Event Director	Shanelle Barrett	+64 27 457 6736	shanelle@sbevents.nz
LOC Operations	Aidan Barrett	+64 21 452 010	aidan@sbevents.nz
LOC Athlete Services	Maddison Jensen	+64 27 244 1816	maddison@sbevents.nz
LOC Media Manager	Andrew Dewhurst	+64 21 026 92375	andrew@gracieproductions.co.nz
Technical Delegate	Jacqui Kenny	+61 437 443 373	jbkenny@bigpond.net.au

Event Contact Details

SB Events Ltd

PO Box 154

Taupo 3351

Email: admin@sbevents.nz

Triathlon New Zealand

C/-AUT Millennium

Antares Place

Mairangi Bay

Auckland

Email: info@triathlon.kiwi

Oceania Triathlon Mixed Relay Sprint Championships Key Dates and Times

When	What	Where
Saturday 28 February		
4:00pm	Compulsory Briefing and Registration	Napier War Memorial Centre, 48 Marine Parade, Napier
Monday 2 March		
7:45am	Transition Open	Mitre 10 Sports Park
8:45am	Transition Closes	Mitre 10 Sports Park
8:50am	Safety Briefing	Mitre 10 Sports Park
9:00am	Race start	Mitre 10 Sports Park
10:45am	Medal Ceremony	Mitre 10 Sports Park

Venue

The venue is located at the Mitre 10 Sports Park (42 Percival Road, Frimley, Hastings 4120) which is just out of the centre of Hastings.

Water Quality

Water Quality Analysis – Enterococci

Date of Sample	Location A	Enterococci Limit MPN/100ml
27/1/26	8	<100

Water Quality Analysis – E. Coli

Date of Sample	Location A	E.Coli Limit NMP/100ml
27/1/26	<2	<250

Summary

The above readings equate to “Very Good Water Quality” as described in the World Triathlon rules.

The water in the pool facility is tested and recorded every 2 weeks- of which the details can be found at the following link:

<https://www.canoepolohb.co.nz/CanoePoloAquaticFacility>

Athletes Area at Venue

Facilities including athletes’ lounge and toilets are provided to the athletes within the Athletes area. Seating, bag storage and sealed bottles of water will be available to the athletes before the race in the athletes’ lounge and afterwards in the recovery lounge.

Travel and Accommodation

International Airport

The closest International Airports are Auckland International (1 hour 10 minute flight) or Wellington International Airport (1 hour flight) and you will need to have a domestic flight to Hawkes Bay.

Airport Transfers and Transport Elite Athletes and Coaches

All Athletes are required to arrange transport at their own expense. You can organise a shuttle for yourself and your team via our recommended provider www.villageshuttle.co.nz.

For public transportation there is the GoBay public bus service in Napier and Hastings. For more information visit the following website: <https://www.gobay.co.nz>

Sport Integrity Commission

Doping Control will be performed according to the World Triathlon/WADA rules. If testing does take place, it will be carried out by the Sports Integrity Commission and will take place in the changing rooms, opposite the transition.



Update your anti-doping education

Its vital that every participant understands the role they play in keeping our sport clean.

The Level 1 e-learning course from the Sport Integrity Commission Te Kahu Raunui teaches you valuable information about their clean sports rights, responsibilities, and the doping control process.

Make sure education is completed by Friday 27th February for anyone taking part.

Get started today at [E-Learning | Sport Integrity Commission Te Kahu Raunui](#)

Medical & Emergency Services

First Aid and Emergency Medical Services will be available at the venue on Monday 2nd March before and during the competition hours.

Medical services at the venue are provided free of charge. Treatment in clinics and practices is to be paid for by the participants.

Athletes / teams must ensure that they have appropriate medical insurance as required by World Triathlon competition rules.

For pre and post event, non-emergency care you can go to the Hastings Health Centre, 303 St Aubyn St West. Entry Via Nelson St or City Medical Napier, 76 Wellesley Road, Napier. Alternatively, if emergency care is required the Accident and Emergency Centre at the Hawkes Bay Hospital is open 24/7 and is located at Canning Road, Hastings. Treatment will need to be covered by the participants.

For any other emergencies, police, fire etc, please dial 111.

Visa Requirements

For teams (athletes) traveling to NZ to compete in the Oceania Triathlon Sprint Championships please go to <http://www.immigration.govt.nz/migrant/stream/visit/> for details on whether your athletes need to apply for a Visa to enter New Zealand.

If you require a visa and plan to stay in New Zealand for less than 3 months, you should be able to apply for a “Sports Events Visitor Visa”. Please be aware that it may take over 3 weeks to process this visa application so you should apply at least 1 month before the event. <https://www.immigration.govt.nz/new-zealand-visas/visas/visa/sports-events-sports-people-support-staff-and-media-coming-for-events-or-tours-visitor-visa>

If you require a letter of invitation to apply for your visa this can be supplied on request by contacting the LOC – maddison@sbevents.nz

Please supply your flight details, passport details and role of person.

Post Office and Bank

Post

Post Shop Marewa
114 Kennedy Road, Marewa, Napier 4110

Phone: 06 952 8600

BANK

ASB Bank New Zealand Corner Hastings and Emerson Street
Napier 4110

Phone: 06 834 1286

Bike Mechanic Services

For any pre-event repairs please visit:

Pedal Power Hastings,
503 Karamu Road North, Hastings
+64 (0)6 870 3500

Email: shop@pedalpowerhastings.co.nz



All costs will need to be covered by the athlete.

Please note that there will not be any bike mechanic services at the relay event.

Training

Swimming

Hawkes Bay Regional Aquatic Centre

50m Olympic Pool \$10 for a casual visit to be paid by each swimmer, or a concession card for 10 sessions for \$90.

Monday 17 - Friday 21 February

- 50m: 7.30am-11.00am
- 25m: 11.00am-3.00pm

Royston Health & Fitness Centre gym also available on casual rate, no bookings required.

Located within Mitre 10 Park, 42 Percival Road, Hastings (just 15 mins from Ahuriri).

Contact us for more info



reception@hbaquatic.co.nz



06 651 2324



www.hbaquatic.co.nz



Ocean Spa – 42 Marine Parade, Napier

Outdoor heated 25m lap pool - \$15 to be paid by each swimmer or concession card for 10 sessions for \$180

General Opening Hours

- Monday - Saturday 5.30am - 8.00pm
- Sunday Public Holidays 7.30am - 8.00pm

Contact details – Telephone – 06 835 8553

The Napier Aquatic Centre in Maadi Avenue, Onekawa in Napier

The entry to the pool is \$6.60 to be paid by each swimmer or a concession card for 10 sessions for \$56.20. The best times (quietest times) to have lane swimming are between 8am-3:30pm

General Opening hours:

- Monday to Friday - Public swimming - 6:00am – 9:00pm
- Weekends and public holidays: Public swimming 10:00am – 6:00pm

Contact details - Telephone: 06 834 4150

Website - <https://www.napieraquatic.co.nz>

Athletes train in the swimming pools at their own risk.

Bike and Run Training

Napier and Hastings are the major city of the Hawkes Bay Region on the east coast of the North Island of New Zealand. The district has a population of 187,900. Of this 56,787 people live in Napier and 61,696 live in Hastings.

As with any training on open roads please ensure you obey NZ Road Rules. If you are riding the course ensure that you obey **all** signs, DO NOT ride through stop signs and give way signs at pace. There are a lot of heavy vehicles in this area and they cannot stop in a hurry.

Competition Rules

The Oceania Mixed Relay will be conducted under the World Triathlon Competition Rules. <https://triathlon.org/documents/competition-rules>

Race Day Schedule

MONDAY 2nd MARCH EVENTS		
Start	Item	Location
7:45am	Transition Open	Mitre 10 Sports Park
7:45am	Athlete Lounge Open	Mitre 10 Sports Park
8:30am	Athlete Lounge Closes	Mitre 10 Sports Park
8:45am	Transition Closes	Mitre 10 Sports Park
9:00am	Race start	Mitre 10 Sports Park
10:45am	Medal Ceremony	Mitre 10 Sports Park

Venue Plan

The venue is at the Mitre 10 Sports Park. – in the Canoe Polo Centre



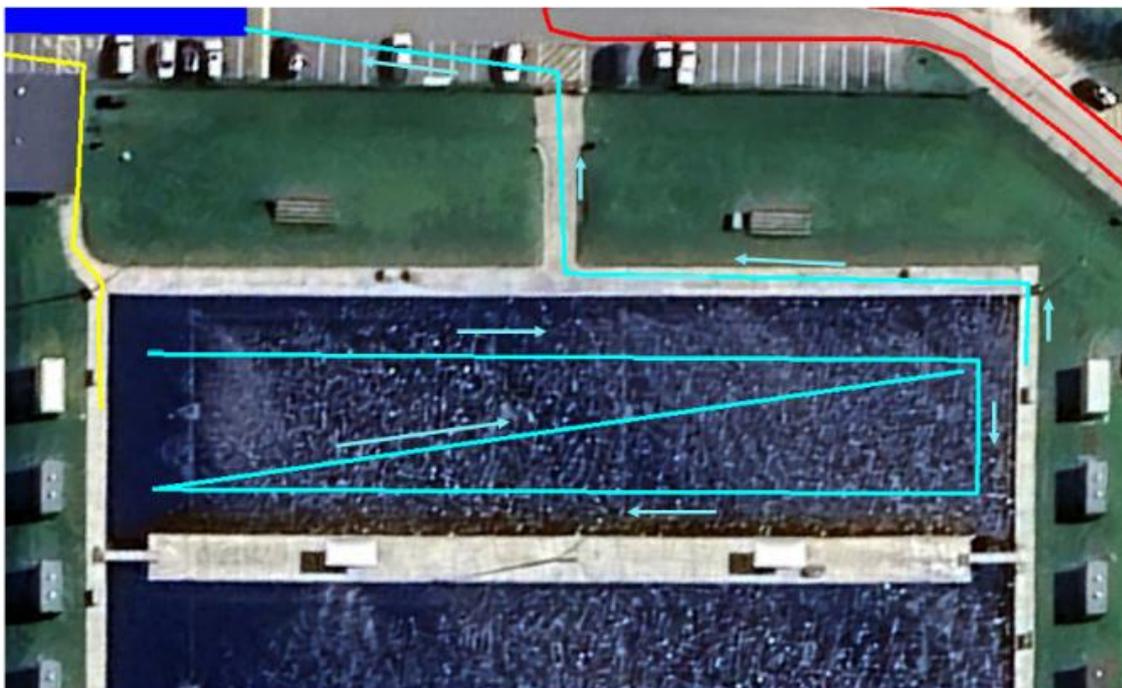
The Course

Swim

The Swim Course is located in an outdoor pool.

The swim is one and a half laps clockwise. The first turn is after 100m, once you reach the end of the pool, you will turn 90° to your right, continue for 24m, then turn 90° to your right again and head down the right-hand side of the pool. Once you reach the end, you will make a 140° turn and head diagonally across the pool back to the first corner where you will then jump out of the pool.

This is an outdoor pool facility, so the water temperature is between approximately 19 - 23°C.



Bike Course

Mount bike after the mount line and head along the Sports Park driveway before turning left into Percival Road continuing 100m down the road until the first U-turn. Head back along Percival Road in the opposite direction before reaching the 2nd U-turn. Head back up Percival Road before reaching the Sports Park entrance again and turning left onto the driveway. Head back up the driveway until you reach the 3rd U-turn at the swim exit. Athletes complete 3 x 1.77km laps before returning to transition.

Please note that there are judder bars on the course along Percival Road.

Wheel Stations

One wheel station will be located on the bike course. This will be the team wheel station and is located near the transition area. This is for athlete/team wheels only.

There is no neutral wheel station at this event.

Littering Zone

The Litter Zone is located on the Sports Park driveway. It will be clearly marked and is... away from transition on your return. This is the only place on the course where you may discard litter. It will be clearly marked with signs and lines on the road. This zone is the same as the run zone.



Penalty Box

The Penalty Box is located on the home straight just before the turn off to the finish line as shown in the map below.



Event Partners

Thank you to our event partners for supporting the Napier Triathlon Festival.

